

Smoking Cessation: **CO Monitor**



- Handheld Carbon Monoxide Monitor
- Easy to read display with instant results
- Nicotine dependence can be established
- Software available for downloading of results
- Motivates smokers to quit
- Suitable for use in smoking cessation clinics and GP surgeries
- Multi patient use with the aid of single use mouthpieces
- Low maintenance cost
- Supported by a wide range of quit smoking resources



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Carbon Monoxide

Carbon Monoxide is a poisonous gas that has no colour and no smell. It is found in car exhaust fumes and tobacco smoke.

When Carbon monoxide is inhaled into the lungs it is absorbed into the blood. It then binds with haemoglobin in red cells about 200 times as readily as Oxygen and the body needs Oxygen to live.

Smokers can have between 2% and 20% of their normal blood oxygen taken up by CO. To compensate for the shortage of oxygen the body has to work harder with less fuel.

A simple test with a CO Monitor gives a measure of the amount of CO in the blood. When you stop smoking, the level of carbon monoxide falls almost immediately.

Help Smokers to Quit

The CO Monitor can be used as an effective quit smoking aid. It allows the smoker to determine their level of nicotine dependence and can be successfully used as a motivational tool during the quit attempt/ Clinical tests have proven that smokers are more successful at kicking the habit if a breath carbon monoxide monitor is used in conjunction with their quit smoking programme.

The Professionals Choice

The CO Monitor is used during smoking cessation programmes to give the smoker visible proof of the damaging CO levels and help to motivate by charting the progress during the programme. The CO Monitor is surgically non invasive, lightweight, battery operated, simple to operate and hygienic disposable mouthpieces are available.

Part Codes

CO Monitor 3102010

Clement Clarke are well established in offering accurate, precise and dependable products for the diagnosis, monitoring and treatment of respiratory disease

Clement Clarke continues to develop broad product ranges to strengthen our portfolio in **Asthma Management, COPD, Smoking Cessation, Cystic Fibrosis and Allergic Rhinitis** in providing the total respiratory solution.

Consumables

CO Monitor Mouthpieces and T-Pieces

- Mouthpieces allows CO Monitor to be used as a multi-patient device
- Prevents cross infection

Part Codes

CO Monitor T Pieces (Pack of 10): 3102008

CO Monitor Mouthpieces (Pack of 200): 3102009



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